

Repair Practice Cards

Made-up situations for role-play. Never ask a student to use a real one.

PRACTICE 1

You shouted at somebody during a game

Wait till calm · Say what you did · Say what's next time

PRACTICE 2

You walked out and slammed the door

Wait till calm · Say what you did · Say what's next time

PRACTICE 3

You said something unkind when you were angry

Wait till calm · Say what you did · Say what's next time

PRACTICE 4

You knocked something over on purpose

Wait till calm · Say what you did · Say what's next time

PRACTICE 5

You refused to answer anyone for an hour

Wait till calm · Say what you did · Say what's next time

PRACTICE 6

You broke something that belonged to someone else

Wait till calm · Say what you did · Say what's next time

Social Skills Program · Anger Management Unit · Week 5 · 8 cards



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PRACTICE 7

**You called someone a
name**

Wait till calm · Say what you did · Say what's next time

PRACTICE 8

**You threw your work
on the floor**

Wait till calm · Say what you did · Say what's next time

