

Where to Start

Asking for Help

Student: _____

Date: _____

How to use this

Watch him for a week before ticking. Teach the first skill with any unticked box.

ALONE PROMPTED NOT YET

1. Know When You Need Help

Student asks before a task is completely stalled.

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Student tries independently before asking.

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Student can name what he is stuck on.

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2. Choose Who to Ask

Student picks an appropriate person without promp...

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Student names a backup when the first is unavaila...

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Student approaches a worker rather than a strange...

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3. Ask Clearly

Student gets attention before speaking.

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Student names the specific thing he needs.

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Student asks in a voice the other person can hear.

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4. Wait for Help

Student asks once rather than repeating.

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Student uses the time instead of stalling.

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Student stays calm through a short wait.

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5. Handle a No

Student stays calm after a refusal.

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Student asks about alternatives instead of repeat...

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Student moves on to something else.

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Start here:

The first skill with an unticked box. Teach one at a time — do not run several at once.

אהבת
התורה

Social Skills Program • Asking for Help • Placement checklist



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