

Asking for Help — Every Phrase

For staff. Same words, every time, from everyone.

NOTICING

“Are you stuck?”

“Have you tried twice?”

“It is fine to ask.”

CHOOSING WHO

“Who handles this one?”

“Who else could you ask?”

“Is that person working?”

ASKING

“Excuse me, can you help me with —Name the thing.”

“One thing at a time.”

WAITING

“I heard you. Two minutes.”

“Okay, I’ll wait.”

“Can you tell me when?”

HEARING NO

“No is an answer, not a punishment.”

“Is there another way?”

“You can ask again later.”

Short. Consistent. Repeated daily.

Do not explain more than this. The repetition is what teaches it.

