

Ready for the Day

Four steps after the shower, before you leave

1

COMB YOUR HAIR

Front, sides, and the back you cannot see

☐

2

WASH YOUR FACE

Especially after eating

☐

3

DEODORANT

On clean, dry underarms

☐

4

MIRROR CHECK

Top to bottom, before you walk out

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The mirror check — four questions:

1. Is my hair combed?
2. Is my face clean?
3. Is my shirt on straight and tucked in?
4. Is there anything on my face or collar?

Student name: _____ Date: _____

