

Wear Again or Laundry?

Run all three checks before you decide

1

STAINS

Any marks, spots, or food on it?

2

SMELL

Does it smell fresh, or does it smell worn?

3

WRINKLES

Was it slept in, or crumpled on the floor?

Change every day — no checking needed:

Socks • Undershirt • Anything worn for sports

