

Following Directions

Four steps, every time

1

LISTEN

Stop what you are doing and look at the person

2

REPEAT IT BACK

Out loud, or in your head

3

DO IT

In the order it was said

4

CHECK

Did I do every part?

If you missed part of it, ask:

"Can you say the last part again?"

"Was it the blue one or the red one?"

Asking is faster than guessing and doing it twice.

