

PERSPECTIVE TAKING

Know That Others Think Something Different

One skill, one day, five people. Everybody works the same skill in a different way.

EVERY ADULT USES THESE EXACT WORDS

“He likes something different.” “Different, not wrong.”

“What do you think he would say?.”

MORNING TEACHER Teach it

Runs the lesson: what it means, how it looks, practise together.
Introduces the phrases and puts the wall chart up.
Says the phrases every time the skill comes up before lunch.

AFTERNOON TEACHER Use it somewhere else

Does not reteach it — uses it in a different activity or setting.
Same phrases, no new wording, no extra explaining.
Notes where it fell apart outside the morning routine.

SOCIAL WORKER Why it matters, and the hard version

Works one to one on the feeling behind the skill.
Role-plays the version that goes wrong, while calm.
Handles any student for whom this skill is loaded.

ONE-TO-ONE PARA Prompt in the moment, then fade

Gives the phrase in the moment it is needed, not afterwards.
Drops from full prompt, to a gesture, to nothing, over the week.
Records what happened on the tracker — he sees the most.

PRINCIPAL Notice it out loud, and check the system

Names the skill when he sees it, in the hallway, by name.
Asks staff which skill is running this week and expects one answer.
Checks every adult is using the identical wording.

EVERYONE IS WATCHING FOR THE SAME THING

Notifies someone wants something different without being told
Can name one thing a friend likes that he does not
Stops arguing that the other boy is wrong

If only one person runs this, it will not stick.

A skill taught in one room for forty minutes stays in that room.

Social Skills Program • Perspective Taking • All-day plan



PERSPECTIVE TAKING

Guess How Someone Else Feels

One skill, one day, five people. Everybody works the same skill in a different way.

EVERY ADULT USES THESE EXACT WORDS

“How do you think he feels?.”

“What happened to him just now?.”

“Good guess — let’s ask him.”

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Teach it

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EVERYONE IS WATCHING FOR THE SAME THING

Names a feeling that fits the situation
Gives a reason for the guess
Checks with the person instead of insisting

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PERSPECTIVE TAKING

Ask Instead of Assuming

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EVERY ADULT USES THESE EXACT WORDS

"You can ask him."

"What else could it be?."

"It might not be about you."

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EVERYONE IS WATCHING FOR THE SAME THING

Offers more than one reason for what happened
Asks rather than deciding what someone meant
Accepts an answer that has nothing to do with him

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PERSPECTIVE TAKING

Know What the Other Person Already Knows

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“He wasn’t there.”

“Start at the beginning.”

“Who is ‘he’?.”

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EVERYONE IS WATCHING FOR THE SAME THING

Gives background before the story
Names people before using “he”
Notifies when a listener is lost

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PERSPECTIVE TAKING

Think How It Looks to Them

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“How did that look to him?.”

“What did you mean?.”

“You can tell him what you meant.”

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EVERYONE IS WATCHING FOR THE SAME THING

Can say how something looked from the other side
Pauses before acting in a familiar situation
Repairs with words instead of insisting he meant no harm

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