

Where to Start

Table Manners

Student: _____

Date: _____

How to use this

Watch him for a week before ticking. Teach the first skill with any unticked box.

ALONE PROMPTED NOT YET

1. Sit Properly at a Table

Student remains seated during eating time.

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Student stays close to the table without roaming.

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2. Use the Correct Utensil

Student attempts to eat with a utensil.

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Student holds the utensil rather than grabbing th...

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3. Eat Neatly and Calmly

Less spilling or dropping food.

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Reduced rushing or overstuffing the mouth.

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4. Keep Themselves and the Table Clean

Student uses a napkin when prompted.

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Student participates in simple cleanup tasks.

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5. Practise Polite Table Behaviour

Fewer disruptions during eating time.

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Student responds to simple reminders.

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Start here:

The first skill with an unticked box. Teach one at a time — do not run several at once.

