

Using a Fork or Spoon

Which one is eating the right way?

✓ GOOD



- ✓ Uses a fork or spoon
- ✓ Utensil goes into the food
- ✓ Then to the mouth
- ✓ Fingers stay off the food

✗ NOT YET



- ✗ Using fingers
- ✗ Fork left unused
- ✗ Fingers in the food

What the teacher says:

"Pick up your fork." "Fork goes in the food." "Good spoon use."