

Eating Neatly and Calmly

Which one is eating calmly?

✓ GOOD



- ✓ Small bites
- ✓ Mouth closed while chewing
- ✓ Food stays on the plate
- ✓ Slow and calm

✗ NOT YET



- ✗ Mouth overfull
- ✗ Food on the table
- ✗ Eating too fast
- ✗ Messy eating

What the teacher says:

"Small bite." "Slow and calm." "Food stays on the plate." "Mouth closed."