

Friendly Body Language

Five things we do when we greet someone we know

1

SMILE

Let your face show you are glad to see them

☐

2

FACE THE PERSON

Turn your body toward them, not away

☐

3

CALM BODY

Hands still, standing steady

☐

4

WAVE

A small wave is enough

☐

5

FRIENDLY VOICE

Warm and clear, not too loud

☐

Unfriendly body language looks like:

Looking away • Turning your back • Arms crossed tightly
Walking past without a word • Flat or sharp voice

Student name: _____ Date: _____

